

HYSTEOSALPINGOGRAM (HSG) SONOHYSTEROGRAM (SHG) OFFICE HYSTERSOSCOPY,

Instructions for Patients

Scheduling:

- If you have regular periods, we will schedule the procedure in advance for your next cycle between days 6 to 12.
- If you have irregular cycles, you should call us on the first day of your menstrual period (in other words, the first day of flow). If you cycle begins on a weekend, please call the office on Monday morning. Leave a message with:
 - 1) Your name and phone number
 - 2) Your date of birth
 - 3) The first day of your period
 - 4) State you are to have an HSG (hysteroscopy or sonohysterogram) this cycle
 - 5) Your preferred date and time for the test (must be cycle day 6, 7, 8, 9, 10 or 12)
 - 6) Your pharmacy name and phone number
- We will schedule your test on day 6 to 12 of your cycle (in other words 6 to 11 days after the first day of your period). We will make every effort to scheduled the test on your requested day, but this may not be possible because of the available days for this test.

Before the Test:

- Your doctor will prescribe an antibiotic (Doxycycline 100 mg or Erythromycin 500 mg two times a day for three days. You will start the medicine the morning before your test and finish the day after the test.
- One hour before your test, take Ibuprofen (400-600 mg), Advil® (2 or 3 tablets), or Aleve® (2 or 3 tablets) to prevent cramping.

After the Test:

- You may have cramping, spotting or abdominal fullness for 1-2 days, which is normal.
- If you experience fever greater than 100.4° F, severe cramps or lower abdominal pain, vaginal discharge with abnormal color, or excessive vaginal bleeding, please call the office immediately.
- Do not use tampons, douche, or have sexual intercourse for 48 hours after the procedure.

Final Report:

- It usually takes several weeks to get the final report and to review your results. Please do not call the office for your results. Your doctor will review your results with you at your follow-up appointment.
- If you had an HSG, please **ask the radiologist to give you a copy of the x-ray films** to bring to your follow-up appointment with us. If they wish, we will return the films once we have reviewed them.