

MEMPHIS FERTILITY LABORATORY, INC.

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901-747-2229

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Patient Instruction Sheet: Semen Analysis and Other Andrology Testing

Your doctor has referred you to our Andrology Laboratory for an evaluation of male fertility potential. The Andrology Laboratory performs semen analysis (sperm counts) and other andrology (sperm) tests Monday through Friday, 7:30 AM to 3:00 PM **by appointment only**. To schedule your test, please phone **(901) 747-2229**.

- You must provide a signed, written test requisition from your physician.
- You must show a photo ID prior to collection in our office.
- You should have intercourse or ejaculate 2-5 days before your test, and then abstain until after your appointment.
- To optimize the results of the test, we ask that you collect your semen specimen at our office where we have a private collection room.
- The semen is obtained by self-stimulation and collected in a sterile container provided by the Andrology Laboratory.

Sperm are living cells that rapidly degrade after ejaculation. Therefore, we **strongly** recommend you attempt to collect your specimen at our office so that we may process your test immediately in our laboratory. If you are anxious or unwilling to attempt collection in our office, please discuss home collection with our Andrologist: (901) 747-2229, extension 118 or 111. If you must collect out of the office, an appointment for your test and a signed, written requisition from your doctor along with a photo ID, are still required. **We cannot accept any specimens without an appointment, written requisition, and photo ID.** The following procedures must be followed to ensure the most reliable analysis **for out-of-office collection**:

- Before your appointment, come to our office and pick up a collection information sheet and sterile, collection container to use at home. You must use only this container for semen collection. Do not open it until you are ready to collect your specimen.
- Again, you should have intercourse or ejaculate 2-5 days before your test. You should not have intercourse or ejaculate less than 48 hours before your test unless instructed by your doctor.
- The semen should be obtained by self-stimulation and ejaculated directly into the container. Try to collect the entire ejaculate, then place and tighten the container lid. You cannot obtain the specimen by intercourse and withdrawal because of contamination. Avoid all lubricants.
- Fill out all the required information on the collection information sheet; please answer all questions. Place the specimen and the collection information sheet in the bag provided, and deliver it to our office preferably within **30 minutes** and not over 60 minutes from the time you collected. During transit, the specimen container must not be exposed to extreme heat or cold. A shirt, pants, or inside coat pocket are ideal places to carry the container to the office.
- Make sure you give the specimen to a member of our staff and that she/he is aware that it is a specimen for andrology testing. **Do not leave the specimen on the counter.**

The charge for a routine semen analysis is **\$125** if it is not covered by a third-party payer. Charges for other tests can be provided upon request. **Full payment must be made at the time of your appointment.** We will provide you with a receipt to file charges with your insurance company. Your physician will be sent a copy of the results within two weeks. Memphis Fertility Laboratory can release test results to family members only with your signed consent.

Please direct questions to our Andrologist: (901) 747-2229, extension 111. Thank you for using Memphis Fertility Laboratory.